



together we shine brighter

# Annual Report

Prepared and Presented By :

Susan Kelly

A black and white photograph of a group of approximately ten women of various ages, all smiling and holding certificates. One woman in the foreground is seated in a wheelchair. The text '2025' is overlaid vertically on the bottom left of the image.

2025

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# Message from the Chairperson

2025 has been a year of growth and impact for Sister Sheds. Our focus remains on empowering women, particularly in communities with limited access to education and personal development. By reaching unserved communities, we enabled women to participate in accredited and non-certified programmes, building skills, confidence, and stronger connections. We also warmly welcome all new members, their energy and participation enrich our Sheds.

Our Sheds continue to be hubs for health, wellbeing, and social connection. Workshops in mindfulness, Life Coaching, menopause awareness, CPR, Reiki, and Vision Board sessions supported personal growth and resilience. Creative and cultural activities, including craft workshops, heritage trips, and *Shine Your Light by Candlelight*, nurtured self-expression, confidence, and belonging. Initiatives for women with intellectual disabilities and special needs demonstrate the transformative power of inclusion and creativity.

Strategically, securing a partnership to develop a new website, will enhance accessibility and engagement. A donor-supported Strategic Business Development project for 2026 will guide long-term planning. Leadership was strengthened through Shed visits, professional engagements, our AGM, the inaugural Chairperson's Meeting, and ongoing support from strong corporate-community partnerships with Fidelis Insurance Group and Elavon.

Looking ahead, we will continue expanding our network and offering personal development and wellbeing programmes, creating inclusive spaces where all women can thrive. I am grateful to our members, volunteers, staff, donors, and partners. Together, we are building stronger, more connected communities and ensuring every woman has the opportunity to shine.

**Susan Kelly**, Chairperson



# Message from the CEO

I want to take this opportunity to express my sincere gratitude for your continued support and patience as we work to create positive change for every member. The year 2025/2026 has brought many challenges for our organisation, and I can assure you that my mind has been full of ideas on how to build a bigger, better, and more supportive space for all involved.

We understand that, as a charity, there is an expectation that we should be able to offer more than we currently can. That is why we are actively pursuing additional funding, sponsorships, and staffing supports to strengthen both our organisation and the growth of our members.

Today, I am proud to announce the completion of our Business Strategy and Business Plan, which clearly outlines our strengths, our challenges, and the steps we will take to move forward. I am fully committed to following this new direction and driving meaningful change. Standing here with our members and our team, I feel incredibly proud, and deeply excited for the future of Sister Sheds.

**Sherin Abdelnaby**, Chief Executive Officer and Co-Founder

# Who we are

"Sister Sheds" is a Company Limited by Guarantee and a national member-based organisation founded in October 2021. It is a registered charity in Ireland, not affiliated with any political, religious grouping, and is non-profit.

The co-founders are Sherin Abdelnaby, Chief Executive Officer, and Rachel Hughes, Managing Director.



## What we do.

We find and operate spaces where women come together to meet in person.

These are our sheds, each one a welcoming community where women feel comfortable, supported and empowered to share their stories and experiences.

# Our Vision

A community of supportive and empowered women who shine brighter together.

# Our Mission

Sister Sheds supports women of all ages and backgrounds in communities across Ireland. Our mission is to champion women to thrive in their personal development and wellbeing.

# Our Values

1

## **Respect for all.**

Collaborative team spirit that builds connections and long-lasting relationships, so women feel confident to shine their light.

2

## **Empowerment of one another.**

Creating opportunities for our members, empowering them to reach their full potential.

3

## **Inclusive and welcome.**

Embracing diversity and difference, valuing the perspectives and contributions of all women in communities across Ireland.

# Education for Unserved Communities

Throughout 2025, Sister Sheds placed a strong emphasis on expanding personal development opportunities for women living in communities where access to education and training has historically been limited. By prioritising outreach to unserved communities, the organisation has worked to ensure that women of all ages and backgrounds can participate in accredited and non-certified learning programmes that support both personal growth and future opportunities.

Education remains one of the most effective pathways for personal and social advancement. For many women, particularly those who may have experienced social isolation, financial barriers, or limited access to formal learning pathways, returning to education can be transformative. Through the programmes delivered this year, participants have developed practical skills, renewed confidence, and a stronger sense of purpose.

The impact of these initiatives extends far beyond the classroom. Women who engage in structured learning environments often rediscover their own capabilities, build supportive peer networks, and strengthen their connection to their local communities. For some, these courses represent a first step toward employment or entrepreneurship; for others, they provide an important opportunity for personal achievement and wellbeing.

Sister Sheds believes that empowering women through education is fundamental to building stronger, more inclusive communities. By creating accessible pathways to certified training, the organisation is helping women realise their potential, build confidence and play a more active role within their families and local communities.

As the organisation continues to grow, the commitment to reaching unserved communities remains central to its mission, ensuring that every woman, regardless of her circumstances, has the opportunity to learn, connect, and thrive.



### Course completions

276 members completed accredited personal development and mental health courses, while a further 462 members completed non-certified programmes.

# Health and Wellbeing in Our Communities

One of the most powerful ways to strengthen communities is to create spaces where people feel seen, supported, and empowered to prioritise their wellbeing. Our Sheds have continued to evolve as welcoming hubs where individuals, many of whom may otherwise remain disconnected from support networks, can access opportunities that nurture both physical and emotional health.

Several health and wellbeing workshops were delivered across the Sheds, reflecting our commitment to meeting people where they are and responding to the varied needs of our members. Sessions such as Laughing Yoga and Mindfulness offered participants simple but effective tools to reduce stress and improve mental resilience, while Life Coaching workshops encouraged individuals to reflect on their goals, strengths, and personal pathways forward.

Recognising the importance of holistic wellbeing, workshops also explored areas that are often overlooked in community settings. Menopause awareness sessions created safe spaces for open conversation and shared learning, helping participants better understand and navigate this stage of life. Complementary wellbeing practices, including Reiki and Vision Board workshops, encouraged creativity, reflection, and personal empowerment.

Practical skills were also a key focus. CPR training equipped participants with potentially life-saving knowledge and the confidence to respond in emergency situations, an example of how community learning can have a ripple effect far beyond the walls of the Shed.

These workshops demonstrate how accessible local initiatives can reach individuals who may not engage with traditional health services. By combining practical learning opportunities, peer support, and an inclusive environment, the Sheds continue to support healthier, more connected communities, ensuring that no one is left behind when it comes to wellbeing.



*“Coming to the Shed has been life-changing. The Laughing Yoga and Mindfulness sessions have helped me manage stress, feel calmer, and connect with people I might never have met otherwise. It’s not just about learning new skills—it’s about feeling supported and part of a community that cares about my wellbeing.” – Shed Member*

# Creative Workshops and Cultural Activities

Throughout the year, our Sheds hosted a vibrant programme of creative workshops and cultural activities designed to inspire, connect, and empower members. These gatherings provided welcoming spaces where women could explore new skills, express their artistic talents, and build supportive relationships with others in their community.

Members took part in a wide variety of hands-on workshops, including wreath making, candle making, copper craft, glass painting, jewellery making, and button art frame design. These sessions offered more than just creative learning, they created opportunities for conversation, collaboration, and confidence-building. For many participants, the workshops became a valuable outlet for self-expression while fostering a strong sense of belonging within the Shed community.

A particularly meaningful highlight was the celebration of International Women's Day through the *Shine Your Light by Candlelight* event. This special gathering brought members together to reflect on the strength, resilience, and achievements of women. The shared act of lighting candles symbolised unity and empowerment, reinforcing the importance of supporting and uplifting one another.

Members also contributed to the celebration of Irish heritage through the creation of St. Brigid's Day patches for cloaks. These handcrafted pieces were showcased at St. Mary's Priory, offering participants the pride of seeing their work displayed as part of a wider cultural celebration.

In addition, a series of heritage-focused trips allowed members to explore Ireland's rich artistic and historical traditions. These outings provided enriching cultural experiences while strengthening friendships and connections among participants.

Together, these workshops and activities highlight the important role that artistic expression and cultural engagement play in building confidence, nurturing community, and enriching the lives of our members.



*"Participation in community-based creative activities has been shown to improve mental health and wellbeing, with 78% of participants reporting reduced feelings of isolation and increased overall life satisfaction." - Tilda TCD*

# Celebrating Talent, Building Belonging

At the heart of our mission is a commitment to developing unserved communities, spaces where every individual can thrive, express themselves, and be celebrated for their abilities. One of the most inspiring examples of this work is happening through our Sister Sheds for women with intellectual disabilities and special needs.

Each week, these incredible women gather in safe, creative spaces to explore art, share experiences, and build lasting friendships. These gatherings are not just about artistic expression, they are about creating environments where women are recognised for their talents, their humour, and their unique contributions.

Recent celebrations, such as Halloween, perfectly captured the spirit of these communities: laughter, connection, and pure joy. These moments remind us that inclusion is not just a principle, it is a lived experience. It is the warmth of belonging, the empowerment of mutual support, and the celebration of every individual's abilities.

Looking ahead to 2026, we are expanding our vision. Plans are underway to open two more Sister Sheds, extending support to more women who deserve spaces where they can shine. Because inclusion matters. Because every woman, regardless of ability, deserves to be seen, valued, and empowered.

However, these ambitions require vital support. Funding is needed to maintain the Sheds and to ensure programmes like My Ability can operate effectively. Despite these challenges, we are immensely proud of all those involved who have extended their support to these women, providing equal opportunity to access our services and participate fully in community life.

Through these initiatives, women with intellectual disabilities and special needs are not only transforming their own lives, they are transforming communities, demonstrating the profound impact of creativity, connection, and inclusive support.



*"In Ireland, about 109,000 people — roughly 2% of the population — live with an intellectual disability. This highlights both the scale of need and the importance of programmes that support inclusion and opportunity for individuals with intellectual disabilities and special needs." - Central Statistics Office*

# Nurturing Leadership and Engagement

Sister Sheds made remarkable strides in fostering community engagement, promoting wellbeing, and strengthening leadership across our network. Our CEO represented us as a keynote speaker at the Women's Conference held at The Rose Hotel, an event sponsored by NEWKD and organised by the Women's Kerry Centre. This platform allowed us to share our vision, advocate for inclusive leadership, and highlight the transformative impact of our programmes on local communities.

A key highlight of the year was the continued success of Sister Sheds Strollers in Walkinstown and Finglas. Our Saturday walks brought together members of all ages, promoting health, wellbeing, and social connection, reinforcing our commitment to nurturing both physical and mental wellness within our communities.

To deepen our engagement and understanding of our members' needs, our CEO and Managing Director undertook visits to all Sheds throughout 2025. These visits provided invaluable opportunities to connect directly with members, oversee programmes, and ensure that each Shed continues to thrive as a hub of creativity, support, and connection.

Our leadership team also participated in key professional gatherings, including the Executive Women's Gathering, Lunch and Learn sessions, and other strategic networking events. These interactions allowed us to strengthen professional connections, exchange best practices, and reinforce our role as a leader in community-driven initiatives.

A milestone achievement this year was the successful acquisition of our new headquarters. This space not only enhances collaboration and productivity but also supports the wellbeing of our team, providing a central hub where ideas can flourish and our mission can continue to grow.

Looking ahead, we remain committed to expanding our impact, fostering community connections, and empowering individuals through leadership, wellbeing, and shared purpose. 2025 has been a year of growth, engagement, and inspiration, setting a strong foundation for the years to come.



*“Research shows that around 7 in 10 volunteers report improvements in loneliness and overall mental wellbeing when they participate in community activities.” - MDPI*

# Building Stronger Foundations for the Future

It has been a year of meaningful progress for Sister Sheds, strengthening the foundations that support our members and enhance our community impact.

A highlight of the year was the CEO's success in securing a partnership to develop a new website for Sister Sheds and its members. This initiative will significantly enhance digital accessibility, improve member engagement, and provide a modern platform to showcase the creativity and impact of our network.

On the strategic front, the Chairperson of our Board secured a generous donor to fund a Strategic Business Development project in 2026. Building on the guidance received from a consultancy firm and following approval in 2025, the project, running from January to April 2026, will underpin our strategic planning activities. Central to this work will be the development of a comprehensive business plan, which will serve as a roadmap for sustainable growth and stronger community outcomes.

2025 also saw the CEO selected for a prestigious placement in the Community Foundation Ireland sponsored 6-month mentorship programme with Mantra Strategy, one of only ten placements awarded nationally. This mentorship will provide invaluable insights, strategic expertise, and professional development, further enhancing the leadership and capacity of Sister Sheds.

Together, these developments underscore our commitment to building a resilient, forward-looking organisation that empowers members, strengthens community connections, and drives strategic growth. As we look ahead to 2026, Sister Sheds is well-positioned to deliver even greater impact, guided by sound governance, strong partnerships, and a shared vision for sustainable development.

# Our Commitment to Good Governance

Sister Sheds remains committed to upholding the highest standards of governance, accountability, and transparency. These principles are essential to maintaining the trust of our members, partners, and the wider community, ensuring the organisation operates with integrity, clarity of purpose, and responsible stewardship.

Our Annual General Meeting (AGM) in February offered an opportunity to reflect on the organisation's progress and reaffirm our shared mission. Members received a comprehensive overview of the year's achievements, financial position, and strategic priorities, while the open forum encouraged questions, discussion, and active engagement. This transparency strengthens confidence in our work and reinforces a culture of accountability.

In November, we further enhanced our governance by convening our inaugural Chairperson's Meeting. Bringing together Board leadership, this gathering fostered coordinated decision-making, shared perspectives, and reinforced strategic oversight. Hosted by Fidelis Insurance Group, the meeting benefited from their guidance on governance practices, financial oversight, and strategic leadership, alongside Lunch & Learn sessions that strengthened our Board and leadership capacity.

Sister Sheds also benefited from the ongoing partnership with Elavon, whose expertise has been equally instrumental. Elavon provided advisory support in financial processes and governance structures, helping us enhance transparency and build more robust oversight. Together, Fidelis Insurance Group and Elavon demonstrate the impact of strong corporate-community partnerships, offering practical guidance and strategic insight that enable Sister Sheds to operate with confidence and accountability.

These milestones reflect our dedication to transparent governance, effective leadership, and responsible management. By investing in strong governance practices and nurturing trusted partnerships, we are building a resilient foundation to allow Sister Sheds to thrive and continue delivering meaningful outcomes for members and communities.



*“The leadership and governance structures within Sister Sheds ensure that decisions are made transparently and with the long-term wellbeing of members at heart. The Board’s commitment to accountability strengthens confidence across the entire network.” - Susan Kelly, Chairperson*

# Celebrating Recognition and Impact

It has been a remarkable year for our organisation, marked by recognition of both individual dedication and community impact. These accolades reflect the collective effort, passion, and commitment that drive our mission forward.

Our team's excellence was highlighted when we were nominated for the South Dublin Chamber Best Business Award 2025, an event attended by staff from Fidelis Insurance Group. This nomination underscores the professionalism, innovation, and community-minded ethos that our organisation embodies every day.

Individual dedication also shone brightly this year. The Firhouse Chair received an AIB Award, celebrating her unwavering commitment, tireless efforts, and leadership in guiding our initiatives. Her recognition is a testament to the difference that passionate, committed leadership can make in a community-focused organisation.

Our community impact was further recognised through Ballyfermot Shed, which was nominated by Dublin City Council for the Pride of Place Awards at the Neighbourhood Awards. The event, held at The Strand Hotel in Limerick, saw the Shed honoured with the Judges' Special Award. This accolade reflects the Shed's significant contribution to fostering inclusivity, engagement, and support in the Ballyfermot community.

Innovation and learning within our organisation were also recognised, with a nomination in the Learning and Innovation category for Tallaght Person of the Year 2025. This highlights our ongoing commitment to growth, creative problem-solving, and the continuous development of skills and knowledge within our team and community initiatives.

These awards and nominations are more than just accolades, they are a reflection of the culture, dedication, and impact that define our organisation. They inspire us to continue driving meaningful change, nurturing community connections, and fostering environments where innovation and commitment thrive.



*"Being part of the Ballyfermot Shed has transformed how I connect with my community. It's more than a space, it's a place where skills, ideas, and friendships grow every day." – Local Participant, Ballyfermot Shed*

# Reflections and Future Horizons

2025 has been a year of significant growth, strategic development, and community impact for Sister Sheds. We are proud to highlight the milestones that have strengthened our capacity to support women, people with disabilities, and isolated members of our communities across Ireland.

Our ambition to expand nationally is well underway. Each new Shed represents more than a physical space, it is a centre for community, creativity, and support.

Programme expansion remains a priority. New workshops and initiatives will be developed for people with disabilities, focusing on life skills, confidence building, employability, and wellbeing. Meditation classes will continue to be offered free of charge, ensuring accessible support for mental health and personal development. Complementary courses and workshops will further enrich our members' experiences.

Our Hospice initiative, alongside outreach programmes, will ensure that isolated individuals who cannot access services still benefit from Sister Sheds' community-based support.

Fundraising remains a cornerstone of our sustainability. In 2026, we will implement a comprehensive Fundraising Strategy, combining innovative events with volunteer-led initiatives to increase independent income, visibility, and community engagement.

While 2025 has been a year of achievement, we remain mindful of ongoing challenges, specifically funding and disability support. Securing reliable, national-level funding is essential to support day-to-day operations, launch new programmes, cover rental costs, and create employment opportunities.

Government funding in these areas remains limited, restricting our ability to expand programmes and services at the pace required. Our advocacy efforts have gained momentum, highlighted by our co-founders' meeting with Sinn Féin at the Oireachtas to advance key initiatives. These efforts will continue into 2026 as we present our updated Business Plan to secure stronger support at the national level.

We have also engaged with the Minister for Social Protection and Rural and Community Development, seeking to collaborate with women's groups across the country to establish a national funding framework that provides fair, reasonable, and equitable opportunities. There is ample room for a diverse range of women's groups, clubs, and charities throughout Ireland, each dedicated to driving positive change in their communities.

As we move into 2026, Sister Sheds will continue to build on the solid foundation laid this year. With the support of the government, and our donors, partners, volunteers, and members, we are well-positioned to continue making a meaningful, lasting difference in communities across Ireland. We will foster connection, empowerment, and wellbeing for all who walk through our doors.

Together we shine brighter!

# People we worked with in 2025

Thank you to the following companies and individuals who worked with and supported us in 2025.

- Adelaide Health Foundation
- Beaumont Hospital
- Bobbie Hickey
- Breda McCague
- Community Foundation Ireland
- DMC Consultancy
- Dublin City Council
- Elavon
- Executive Institute
- Pelagos Insurance Capital (formerly Fidelis Insurance Group)
- HSE
- KPMG Ireland
- Mantra Strategy
- Mary Lou McDonald
- RehabGroup
- Senator Lynn Ruane
- South Dublin County Council
- St. Mary's Priory
- Sunflower Foundation
- Women's Kerry Centre

# Our Board



**Sherin Abdelnaby**  
Co-Founder and CEO



**Rachel Hughes**  
Co-Founder and MD



**Susan Kelly**  
Chairperson



**Jacqueline Langan**  
Project Coordinator



**Sarah Rowan**  
Engagement Manager



**Dawn O'Rorke**  
Grievance Officer

# Management Committees

<p><b>Chair</b></p>	<p>Olivia Emmett                  Jacqueline Langan                  Carol O'Toole                  Pamela O'Malley                  Aisling O'Connor                  Josie Graydon                  Amanda Delaney                  Nicola Clarke                  Carol Lawless                  Angela McQuillan                  Emer Hooper                  Kim Buckley                  Pamela Henderson</p>	<p>Adamstown                  Ballyfermot                  Bluebell                  Donegal                  Drimnagh                  Finglas (morning – Fri)                  Firhouse                  Killinarden                  Kylemore-Chapelizod                  Navan                  Rua Red                  The Liberties                  Walkinstown (WSAF)</p>
<p><b>Vice Chair</b></p>	<p>Phyllis Keogh                  Barbara Filaih                  Mandy Koppenhofer                  Emer Frawley</p>	<p>Finglas (morning – Fri)                  Killinarden                  Kylemore-Chapelizod                  Rua Red</p>
<p><b>Secretary</b></p>	<p>Olivia Emmett                  Carol Ryan                  Bernadine Boyle                  Valerie Dunne                  Ciara Kane                  Emma Clinton Kenny                  Laurie Healy                  Caroline Byrne                  Caroline McDonald</p>	<p>Adamstown                  Bluebell                  Donegal                  Drimnagh                  Finglas (morning – Fri)                  Firhouse                  Killinarden                  Navan                  Walkinstown (WSAF)</p>
<p><b>Vice Secretary</b></p>	<p>Eibhlin Robinson</p>	<p>Finglas (morning – Fri)</p>

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<p><b>Treasurer</b></p>	<p>Yvonne Ashmore          Audrey Benson          Tanya Gohmann          Elizabeth Long          Phyllis McCluskey          Louise Walsh          Annette Kinehane          Amy Clail          Yvonne Leonard          Deirdre Farrell          Bren Garry</p>	<p>Adamstown          Bluebell          Donegal          Drimnagh          Finglas (morning – Fri)          Firhouse          Killinarden          Kylemore-Chapelizod          Navan          The Liberties          Walkinstown (WSAF)</p>
<p><b>Vice Treasurer</b></p>	<p>Beanie Abbey</p>	<p>Finglas (morning – Fri)</p>
<p><b>Administrator</b></p>	<p>Bernadette Swift</p>	<p>Walkinstown (WSAF)</p>

# Legal and Administrative Information

<b>Trustees</b>	Sherin Abdelnaby Rachel Hughes Dawn O'Rorke Kevin Williams
<b>Board</b>	Sherin Abdelnaby Rachel Hughes Susan Kelly Jacqueline Langan Sarah Rowan Dawn O'Rorke
<b>Company number</b>	717159
<b>Charity number</b>	20206613
<b>Registered office</b>	Unit 3, Santry Hall Industrial Estate, Swords Road, Dublin 9, D09 E4E2
<b>Accountant</b>	SKG Bellingsfield, Naas Co. Kildare, W91 EYR8
<b>Bankers</b>	Permanent TSB Old Bawn, Tallaght, Dublin 24
<b>Solicitors</b>	O' Reilly Doherty & Co. Solicitors 6 Main St., Finglas East, Dublin 11, D11 R202

# Financials

## Sister Sheds Company Limited by Guarantee

### Income and Expenditure for the year ended 31 July 2024

	€	€
<b>Income</b>		
Other Income	14,20	
Subs & Memberships	0	
DCC Grant	19,05	
DNW Partnership	2 -	
Credit Union Grant	-	
Fundraisers & Events	11,834	
Age & Opportunity	-	
Grants BM HBBM	31,703	
SDCC Grant	3,033	
Local Enhancement Fund	-	<b>79,822</b>
	<hr/>	
<b>Expenditure</b>		
Facilitators & Events	24,451	
Banks Fees	485	
Rent	6,751	
Other Charitable	10,876	
Activities IT Costs	1,505	
Motor & Travel	8,957	
Insurance	10,468	
Telephone	1,545	
Waste	695	
Professional Fees	5,744	
Advertising	1,389	
Depreciation	10,107	<b>82,972</b>
	<hr/>	
Surplus / (Loss ) for the year		<hr/> <b>(3,151)</b> <hr/>

## Sister Sheds Company Limited by Guarantee Group Income

### and Expenditure for the year ended 31 July 2024

	€	€
<b>Income</b>		
Other Income	19,977	
Subs & Memberships	40,362	
DCC Grant	3,282	
DNW Partnership	675	
Credit Union Grant	3,000	
Fundraisers & Events	13,876	
Age & Opportunity	310	
Grants BM HBBM	31,703	
SDCC Grant	3,033	
Local Enchancement Fund	3,476	<b>119,693</b>
	<hr/>	
<b>Expenditure</b>		
Facilitators & Events	41,517	
Banks Fees	596	
Rent	10,486	
Other Charitable	12,144	
Activities IT Costs	1,654	
Motor & Travel	8,957	
Insurance	10,468	
Telephone	1,545	
Waste	695	
Professional Fees	5,744	
Advertising	1,389	
Depreciation	11,008	<b>106,201</b>
	<hr/>	
Surplus / (Loss ) for the year		<hr/> <b>13,491</b> <hr/>

## Sister Sheds Company Limited by Guarantee Group

### Statement of Financial Position as at 31 July 2024

	€	€
<b>Tangible Assets</b>		<b>2,568</b>
Current Assets	<b>23,608</b>	
Creditors : Amounts falling due within 1 year	<u><b>(5,500)</b></u>	
<b>Net Current Assets</b>		<b>18,108</b>
<b>Total Assets</b>		<u><u><b>20,675</b></u></u>
<b>Retained Reserves</b>		<u><u><b>20,675</b></u></u>

# Work with Us

At Sister Sheds, meaningful change happens together. Whether as a volunteer, partner, donor, or team member, you can help empower women, support people with disabilities, and strengthen communities.

## **Volunteer**

Help run workshops, courses, and events in our Sheds. Your time and skills make a real difference.

## **Partner**

Collaborate with us to expand programmes, share expertise, and amplify community impact.

## **Support**

Donations, sponsorship, and fundraising fuel our initiatives, helping us open new Sheds and deliver life-changing programmes.

## **Join Our Team**

From Board roles to operational positions, we welcome individuals committed to inclusion and empowerment.

Every contribution helps build a future where communities and women can thrive. Work with us and be part of the change.

**Email:** [sistersheds@gmail.com](mailto:sistersheds@gmail.com)

**Website:** [www.sistersheds.ie](http://www.sistersheds.ie)



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